

8TH ANNUAL SPORTS MEDICINE WINTER SUMMIT
CANYONS RESORT, PARK CITY, UTAH
MARCH 7-11, 2018

Breakfast served Thursday- Sunday from 7:00-8:00 AM
All lectures held in the Kokepelli ballroom of the Grand Summit Hotel

Wednesday, March 7th

Mountain Medicine

4:00	Acute Management of the Injured Skier	Halperin
4:40	Common Ski Injuries	Matuzak
5:20	Altitude Illness	Asplund
6:00	ADJOURN	
6:15	Welcome Reception	

Thursday, March 8th

Musculoskeletal Issues in the Athlete

7:30	Role of Kinetic Chain Dysfunction in MSK Injuries	Macintyre
8:10	Diagnosis and Treatment of Low Back Pain	Halperin
8:50	Evaluation of the Injured Knee	Sallis
9:30	BREAK FOR SKIING	
4:00	Shoulder Pain in Athletes	Macintyre
4:40	Overuse Injuries in the Young Athlete	DiFiori
5:20	The Ankle Sprain That Doesn't Get Better	Macintyre
6:00	ADJOURN	

Friday, March 9th

Current Concepts in Sports Medicine

7:30	Screening ECG in Athletes; Pros vs. Cons	Asplund
8:10	Update on the Female Athlete Triad	Joy
8:50	Getting the Most from Your Imaging	Macintyre
9:30	BREAK FOR SKIING	
4:00	Current Issues in Sports Related Concussion	DiFiori
4:40	Cold Weather Injuries	Asplund
5:20	The Effect of Air Quality on Health and Performance	Joy
6:00	ADJOURN	

Saturday, March 10th
Sports Medicine Update

7:30	The Role of Sleep in Health and Performance	Asplund
8:10	The Downed Athlete	Matuzak
8:50	Update on the Use of Orthobiologics in Sports Medicine	Halperin
9:30	BREAK FOR SKIING	
4:00	Useful Apps for Sports and Exercise Medicine	Joy
4:40	Supplements and Steroids in Sports	Sallis
5:20	Exercise Related Bronchospasm Vs Vocal Cord Dysfunction	Asplund
6:00	ADJOURN	

Sunday, March 11th
Exercise Medicine

7:30	Early Sports Specialization and Sports Success	DiFiori
8:10	How to Prescribe Exercise So Patients Take It	Joy
8:50	The Importance of Exercise for Brain Health	Sallis
9:30	FINAL ADJOURN	

2018 FACULTY

Robert. E Sallis, MD FAAFP, FACSM

Conference Chairman
Co-Director, Sports Medicine Fellowship
Kaiser Permanente Medical Center, Fontana, CA
Clinical Professor of Family Medicine
UC Riverside School of Medicine
Past President; American College of Sports Medicine
Head Team Physician, Pomona College

Chad Asplund, MD, MPH, FACSM

Associate Professor, Health and Kinesiology
Director, Athletics Medicine
Georgia Southern University
Statesboro, GA
1st Vice President; American Medical Society for Sports Medicine

John P. DiFiori, MD

Professor and Chief, Division of Sports Medicine and Non-Operative Orthopaedics
David Geffen School of Medicine at UCLA
Head Team Physician, UCLA Department of Intercollegiate Athletics
NBA Director of Sports Medicine
Past President; American Medical Society for Sports Medicine

Jonathan S. Halperin, MD, FAAPMR, DipSportMed

Chief: Department of Physical Medicine and Rehabilitation
Sharp Rees Stealy Medical Group, San Diego CA
Chairman: Joint Commission on Sports Medicine and Science

Liz Joy, MD, MPH, FACSM

Medical Director, Community Health
Intermountain Healthcare
Adjunct Professor, Family and Preventive Medicine
University of Utah School of Medicine
President; American College of Sports Medicine

Jim Macintyre, MD, MPE, FACSM, Dip Sport Med

Center of Orthopedic and Rehabilitation Excellence
Jordan Valley Medical Center, Salt Lake City UT
Team Physician; Utah Grizzlies Hockey Team and Canadian Freestyle Ski Team
Associate Editor, Clinical Journal of Sport Medicine

Jason Matuszak, MD

Director, Sports Concussion Center
Director, STRIDES, Center for Running and Endurance Medicine
Chief of Sports Medicine; Excelsior Orthopaedics
Clinical Assistant Professor
University at Buffalo, School of Medicine
Associate Team Physician, Buffalo Bisons