

2018 Primary Care Hawaii Agenda

All lectures held in the Grand Ballroom of the Grand Hyatt Kauai

Monday May 7, 2018		Medical Issues in the Active Patient	Afternoon Session
TIME	TOPIC	SPEAKER	
11:00-12:30 PM	Registration and Name Badge Pick-up		
12:30-5:30 PM	Exhibits		
12:30 PM	Blood Pressure Treatment in the Active Patient	Patrick McBride, MD	
1:10 PM	Exercise Induced Asthma	Robert Sallis, MD	
1:50 PM	Osteoporosis Screening and Treatment	Dennis Khalili-Borna, MD	
2:30 PM	Refreshment Break		
3:00 PM	Exercise and Cholesterol; What's the Connection?	Patrick McBride, MD	
3:40 PM	Marine Bites and Infections	Paul Auerbach, MD	
4:20 PM	Thriving with Stress: The New Science of Resilience	David Sobel, MD	
5:00 PM	Adjourn		
6:00 PM	Welcome Reception		
Tuesday May 8, 2018		Primary Care of the Active Patient	Morning Session
TIME	TOPIC	SPEAKER	
7:00-8:00 AM	Breakfast with the Exhibitors		
7:00 AM-12:30 PM	Exhibits		
8:00 AM	Overview of Wilderness Medicine	Paul Auerbach, MD	
8:40 AM	Hyperthermia and Dehydration	Rosemary Agostini MD	
9:20 AM	Drowning: How to Treat and Prevent	Paul Auerbach, MD	
10:00 AM	Refreshment Break		
10:30 AM	Diagnosis and Management of Concussions	Rosemary Agostini MD	
11:10 AM	Altitude Issues in the Active Patient	Paul Auerbach, MD	
11:50 AM	Common Injections in Primary Care	Dennis Khalili-Borna, MD	
12:30 PM	Adjourn		
Wednesday May 9, 2018		Lifestyle Change in Health and Disease	Afternoon Session
TIME	TOPIC	SPEAKER	
12:30-5:00 PM	Exhibits		
12:30 PM	Innovative Methods for Disease Prevention	Gordon Matheson, MD	
1:10 PM	Obesity Prevention and Treatment: What Works?	Patrick McBride, MD	
1:50 PM	The Dangers of Too Much vs Too Little Exercise	Robert Sallis, MD	
2:30 PM	Refreshment Break		
3:00 PM	Healthy Pleasures: Why Everything That Feels Good is Not Bad for You	David Sobel, MD	
3:40 PM	Nutrition and Heart Disease Prevention	Patrick McBride, MD	
4:20 PM	Health Behavior Change in a Busy Clinical Practice	David Sobel, MD	
5:00 PM	Adjourn		
Thursday May 10, 2018		Common Musculoskeletal Issues	Morning Session
TIME	TOPIC	SPEAKER	
7:00-8:00 AM	Breakfast with the Exhibitors		
7:00 AM-6:00 PM	Exhibits		
8:00 AM	Role of Primary Care Physicians in Managing Musculoskeletal Injuries	Gordon Matheson, MD	
8:40 AM	Neck Pain: Diagnosis and Management	Todd Weitzberg, MD	
9:20 AM	Common Elbow, Wrist and Hand Injuries	Robert Sallis, MD	
10:00 AM	Refreshment Break		
10:30 AM	Managing Shin Splints in the Active and Athletic Patient	Todd Weitzberg, MD	
11:10 AM	Subtle Fractures: How Not to Miss Them	Dennis Khalili-Borna, MD	
11:50 AM	Medical Management of Osteoarthritis	Rosemary Agostini MD	
12:30 PM	Adjourn		
Friday May 11, 2018		Current Issues for the Primary Care Doc	Morning Session
TIME	TOPIC	SPEAKER	
7:00-8:00 AM	Breakfast with the Exhibitors		
7:00 AM-12:30 PM	Exhibits		
8:00 AM	Rx: Is Sex Good Medicine?	David Sobel, MD	
8:40 AM	How Conflict of Interest Affects Healthcare Decisions	Gordon Matheson, MD	
9:20 AM	Managing Complex Regional Pain Syndrome	Todd Weitzberg, MD	
10:00 AM	Refreshment Break		
10:30 AM	Managing Heel Pain in Active Patients	Dennis Khalili-Borna, MD	
11:10 AM	Caring for the Patient with Low Back Pain	Todd Weitzberg, MD	
11:50 AM	Returning Patients to Activity After Injury or Illness: Lessons from Sports Medicine	Gordon Matheson, MD	
12:30 PM	Final Adjourn		
12:30 PM	Pick up CME Certificates		